**YEAR 1**

**Evaluating outcomes - Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Page: \_\_\_ of \_\_\_\_**

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| KEY  Acquiring and developing skills  Selecting and Applying Skills etc.  Knowledge & understanding of fitness & health  Evaluating and Improving Performance | Names |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Perform basic gymnastic actions, including travelling, rolling, jumping and climbing, and stay still when required |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manage the space safely, showing good awareness of each other, mats and apparatus |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Make up and perform simple movement phrases in response to simple tasks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Link and repeat basic gymnastic actions |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Perform movement phrases with control and accuracy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Know when their body is active and talk about the difference between tension and relaxation |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carry and place appropriate apparatus safely, with guidance |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Watch and describe accurately a short sequence of basic gymnastic actions, using appropriate language |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Copy a partner’s sequence of movement |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |